

Prescription Drug Addiction Assessment Tool

The purpose of this self-test is to enlighten you about your own level of prescription drug use. Please answer each question honestly, with a yes/no answer.

- Have you ever manipulated or lied to a doctor to obtain prescription drugs?
- Have you ever stolen prescription drugs or stolen to obtain prescription drugs?
- Do you regularly use a prescription medication in a way that it is unintended (for example, increased dosage)?
- Have you ever taken one prescription drug to overcome the effects of another?
- Do you avoid people and places that do not approve of you using prescription drugs?
- Has your job or school performance ever suffered from the effects of your prescription drug use?
- Have you ever been arrested as a result of using prescription drugs?
- Have you ever lied about what or how much you use?
Have you ever lied to a physician to obtain a prescription for drugs?
- Do you put the purchase of drugs ahead of your financial responsibilities?
- Have you ever tried to stop or control your using?
- Have you ever been in a jail, hospital or drug rehabilitation center because of your using?
- Does using interfere with your sleeping or eating?
- Does the thought of not having prescription drugs worry you?
- Do you feel it is impossible for you to live without your prescription drug(s)?
- Do you feel depressed and/or suicidal because of your prescription drug use?
- Is your prescription drug use making your social or home life unhappy?
- Have you ever felt defensive, guilty, or ashamed about your using?
- Do you think a lot about a certain prescription drug or drugs?
- Do you use prescription drugs because of pain or stress?
- Have you ever overdosed on any prescription drug/drug?
- Do you continue to use despite knowing its negative physical or psychological consequences?
- Do you think you might have a drug problem?

If you answered "yes" to over three of these questions, you should contact a professional treatment provider or the Council on Chemical Abuse at 610-376-8669 for information on treatment options available in Berks County. After regular business hours, please contact the Drug & Alcohol Hotline at 610-988-8186