Council on Chemical Abuse

YOUR BRIDGE TO ADDICTION RESOURCES

RESOURCES

For prevention to make the most impact, it needs to start early, be consistent, and be age appropriate.

Classroom Education

The Council recommends and uses evidence based curriculum for school prevention lessons. Teaching our youth how to make good decisions and to communicate effectively will help them deal with stress and emotions. We teach age appropriate information about drugs and alcohol while debunking common myths students have about substance abuse.

Summer Programs

Interacting with kids and talking about drug free activities and experiencing their own "natural high" is important! The Council has been involved in summer playground programs across the county and can assist with interactive and educational activities for youth programs and camps.

Community Involvement

We can help run and provide workshops for parents and members of the community. There is a wide variety of topics including, but not limited to Current Drug Trends and Addiction is a Disease.

It's Time to Talk!

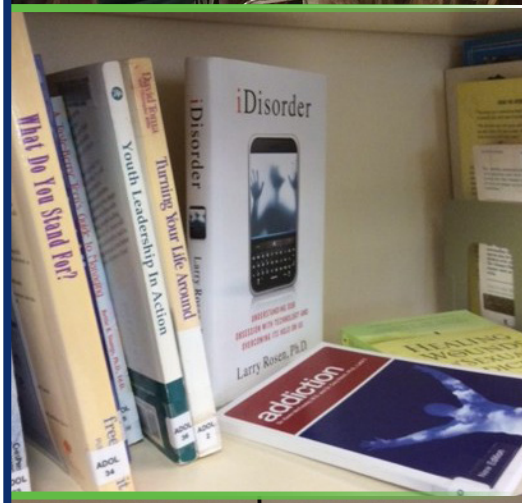
Silence is dangerous. Waiting for the "right time" to talk to the children in your life about drugs and alcohol may result in no talk at all. Find the confidence you need to start the conversation. Contact the Council on Chemical Abuse or visit cocaberks.org/timetotalk.html for information about workshops and resources.

Red Ribbon Week : October 24-28, 2016

Red Ribbon Week is a drug awareness campaign that is celebrated all over the country. The Council provides red ribbons to Berks County schools for students to wear as a symbol of their decision to be drug-free. If you are interested in being a part of Red Ribbon Week 2016, please contact our office.

Who is The Council on Chemical Abuse?

We are a nonprofit organization serving all of Berks County. As the Single County Authority for Berks, we are responsible for the administration and management of publicly funded drug and alcohol prevention, treatment, and recovery services.



The Anonymous People

There are over 23 million people in long-term recovery from addiction to alcohol and other drugs. This documentary film (running 1 hour and 28 minutes) brings light to the stigma of addiction and faces to those who are in recovery. The Council provides the opportunity to show this film along with a panel discussion.

Library

DVDs and books are available to borrow from our library collection located in our office. Display books, brochures and other printed materials can be supplied for events, health fairs and presentations.

Medication Drop Box

Expired or unused prescribed and over-the-counter medications are collected at locations around Berks County. Community members can utilize the drop boxes to ensure that medications will not end up in the wrong hands, but rather disposed of properly. Visit our website for more information.

Tobacco Cessation Classes

Class participants will gain the tools, information, and resources needed to become tobacco free. Nicotine replacement therapies are available to adults who participate in the class.

Treatment

If you are seeking treatment options for yourself or a loved one, we can provide information to start the process. Visit our website, or for immediate help, please call the Reading Health System 24-Hour Addiction Hotline at (484) 628-8186.

Connect with us!

For more information regarding the resources The Council on Chemical Abuse provides, please contact Jackie Steed, Prevention Manager:

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