

Signs and Symptoms of Drug Abuse

Note: The following are all characteristics of those using or abusing drugs and/or alcohol. However, some of these characteristics could also indicate other physical and emotional problems. If in doubt please see the assistance of a physician or call Reading Hospital Drug and Alcohol Hotline (610) 988-8186.

Behavioral Characteristics

- Mood Swings
- Personality Changes
- Defensiveness
- Extremely emotional
- Self-centered
- Manipulative
- Withdrawn
- Dressing differently
- Changes in relationships with friends
- Social problems
- Anxious

Physical Characteristics

- Bloodshot eyes
- Dilated pupils
- Dizziness
- Sweating profusely
- Constantly cold
- Shaky hands
- Looking/feeling “run down”
- Weight loss
- Weight gain