

# ANY ILLNESS NEEDS TREATMENT...

Addiction is a brain disease, and not a moral issue. The disease of addiction has no regard for age, gender, race, ethnicity, economic status or neighborhood. Anyone can be affected by addiction, but with appropriate treatment, individuals can enter into recovery.

## DOES SOMEONE I CARE ABOUT NEED TREATMENT?

- Do you question whether dependency on drugs or alcohol is a problem for someone you care about?
- Do they use drugs or alcohol to handle stress or escape from life's problems?
- Have they unsuccessfully tried to cut down or quit using drugs or alcohol?
- Have they ever been in trouble with the law, or been arrested because of drug or alcohol usage?
- Do they avoid people or places that do not support their drug or alcohol usage?
- Do they do things under the influence that they would not normally do?

**The more 'yes' answers, the more likely there is a substance abuse problem.**

## HOW TO TALK ABOUT TREATMENT

It can be difficult to talk about treatment. Family intervention services are available to help loved ones express their concern and provide the opportunity to enter treatment. These services work with the goal of motivating the individual suffering from a substance use disorder to get the help they need.

## WHAT IF MY LOVED ONE ISN'T MOTIVATED TO ENTER TREATMENT?

Don't lose hope. Some individuals may need multiple courses of treatment, and some fight entering treatment. Remember, your loved one is sick, but there is hope in recovery. For more about support for loved ones, please call our office or visit our website.

## EMERGENCY HELP

Individuals arriving at an emergency room due to an overdose, or presenting severe withdrawal symptoms are welcomed as part of the Warm Hand-off Program. Once the individual is medically stable, a certified recovery specialist (CRS) meets with the survivor on site at the hospital and assists them in engaging in treatment and recovery services. The Warm Handoff program is offered at both Reading Hospital and Penn State Health St. Joseph. For more information about this program, please contact the TASC office at (610) 375-4426.

### HOW CAN I GET NALOXONE?

FREE Naloxone (the medication that reverses opioid overdoses) is available to Berks County residents through COCA.

Visit [cocaberks.org/getnaloxone.html](http://cocaberks.org/getnaloxone.html) to start the process.

## WHAT IS COCA?

Since 1972, the Council on Chemical Abuse (COCA) has served in a lead role, offering the resources necessary to respond to the complex problems of substance abuse and addiction. Designated by the County Commissioners as the Single County Authority (SCA) for Berks County, COCA is responsible for the administration and management of publicly-funded alcohol, tobacco, and drug services. COCA is a non-profit organization governed by a volunteer Board of Directors reflective of the local community, and serves as the coordinating agency for publicly supported drug and alcohol programming in Berks County, Pennsylvania.

Learn more about us: [www.cocaberks.org](http://www.cocaberks.org)

**24/7 Drug &  
Alcohol Hotline  
(484) 628-8186**



# DRUG & ALCOHOL TREATMENT SERVICES

Council on Chemical Abuse  
601 Penn Street | Suite 600 | Reading, PA 19601  
(610) 376-8669 | [www.cocaberks.org](http://www.cocaberks.org)

## OUR CONTRACTED TREATMENT PROVIDERS

Our contracted treatment providers are licensed and undergo on-site inspection by the PA Department of Drug and Alcohol Programs (DDAP). Additionally, COCA performs regular monitoring of each contracted provider to assure compliance with conditions of the contract. Drug and alcohol treatment services are governed by both federal and Pennsylvania drug and alcohol confidentiality regulations. All programs must adhere to the federal Health Insurance Portability and Accountability Act (HIPPA) developed to protect the security, confidentiality and integrity of health information. As such, the privacy of the clients and the services provided are strictly enforced.

### BERKS COUNSELING CENTER

35 North Sixth Street, Reading, PA 19601  
(610) 373-4281 | berkscounselingcenter.org  
*Adult/Adolescent Outpatient, Dual Diagnosis Treatment, Medication-Assisted Treatment*  
*\*Women with Children, Transitional Housing*

### CARON TREATMENT CENTERS

845 N. Park Road, Wyomissing, PA 19610  
(610) 743-6571 | caron.org  
*Adult/Adolescent Outpatient Treatment*

### CHILDREN'S HOME OF READING YOUTH AND FAMILY SERVICES

1010 Centre Avenue, Reading, PA 19601  
(610) 478-8266 | childrenshomeofrdg.org  
*\*Pregnant Women/Women with Children Intensive Case Management*

### EAST COAST RECOVERY SERVICES

1155 Penn Avenue, Wyomissing, PA 19610  
(610) 621-5223 | eastcoastrecovery.net  
*Family Intervention*

### EASY DOES IT, INC.

1300 Hilltop Road, Leesport, PA 19565  
(610) 373-2463 | easydoesitinc.org  
*Adult Transitional Housing*

### READING HOSPITAL DRUG & ALCOHOL CENTER

401 Buttonwood Street, West Reading, PA 19611  
(484) 628-8186  
*Detoxification, Residential Rehab Treatment, Hotline/Drop-In*

### NEW DIRECTIONS TREATMENT SERVICES

22 North Sixth Avenue, West Reading, PA 19611  
(610) 478-0646 | ndts.org  
*Medication-Assisted Treatment, Adult Outpatient Treatment*

### PENNSYLVANIA COUNSELING SERVICES - READING PSYCHIATRIC

125 South Fifth Street, 2nd Floor, Reading, PA 19602  
(610) 685-2188 | pacounseling.com  
*Adult/Adolescent Outpatient, Dual Diagnosis, Adult Spanish Speaking Outpatient Treatment*

### READING HOSPITAL CENTER FOR MENTAL HEALTH, BUILDING K

Sixth and Spruce Streets  
West Reading, PA 19611  
(484) 628-8070  
*Outpatient, Dual Diagnosis Treatment*

### PA ADULT & TEEN CHALLENGE

33 Teen Challenge Road, PO Box 98  
Rehlersburg, PA 19550  
(844) 888-8085 | paatc.org  
*Detoxification, Short-Term Residential*

### TREATMENT ACCESS & SERVICES CENTER (TASC)

19 North Sixth Street, Suite 300  
Reading, PA 19601  
(610) 375-4426 | berkstasc.org  
*Evaluations, Referral, Intensive Case Management*

### YMCA OF READING AND BERKS COUNTY

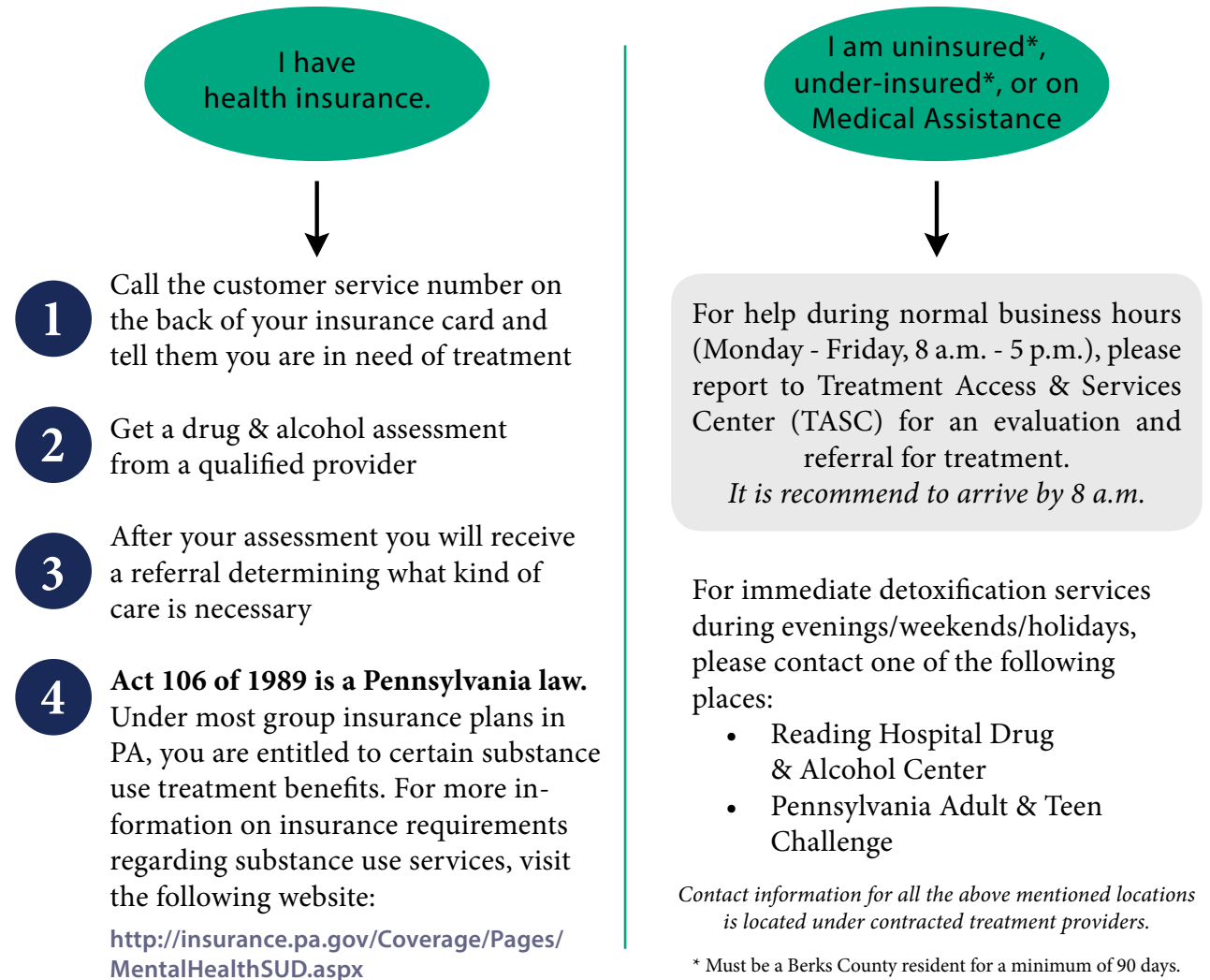
Reed and Washington Streets  
Reading, PA 19601  
(610) 378-4700 | ymca-berkscounty.org  
*Adult Transitional Housing, Spanish speaking clients*

*\*In accordance with federal and state requirements, pregnant women are afforded preference with regard to access to treatment services funded by COCA.*

## HOW DOES SOMEONE GET INTO TREATMENT?

Depending on insurance and the urgency for medical attention, there are different ways an individual can enter treatment. Follow the steps below to determine how to get help.

**If you are experiencing a true medical emergency, seek help from the closest emergency room.**



“During a hopeless time in my life, I was pregnant and addicted to heroin. I knew I needed help. Thankfully, help was available.”

- Margaret M., Person in long-time recovery since 2014